



SAS Are You Good Enough? Enquiry Form



Introduction

Thank you for your interest in our *SAS Are You Good Enough?* Corporate event weekend as featured in July's edition of FHM magazine as the No1 greatest adventure to do this year.

This enquiry form will help you decide whether our team building weekend is for you and your friends or not. If you decide its not for you then why not have a look at our *International Charity Worker Are You Good Enough?* weekend instead. Not only will you learn what it is like to be an international charity worker in a modern war zone like Somalia or Iraq but you will also be able to raise money for your favourite charity and at the same time have fun.

What will I learn?

Saturday starts with the core skills of any soldier, how to handle weapons, shoot and drive out of an ambush situation. Once you have mastered those we will teach you the skills you need to stay alive as a body guard in a hostile environment. From there we get into 'green kit' (camouflage) and we learn the art of patrolling and ambushing.

Sunday is spent learning the skills of urban surveillance and hostage rescue and if all goes to plan you will get a chance to put into practise all the skills you have learnt in an explosive action packed final exercise.

We are a bespoke security training company so if you only have a day spare or would like to learn another skill such as survival or escape evasion just let us know.

Where does it all take place?

Although the weekend featured in the article took place just outside Nottingham we have now moved location to our permanent training centre which is in the heart of the Peak District National Park which is within easy road, rail and bus routes.

When can I do it?

We still have weekends available throughout the year. We can also cater for running this event during the week.

How long does it last?

You need to arrive at our training centre on the Friday night where you will receive your equipment, uniform and orders. Then you will deploy into the field for the next 36 hours. The weekend finishes around Sunday lunchtime so you will be on your way home by Sunday afternoon.

Do I need to be fit to do this?

No not at all. This weekend is all about military practical and mental skills rather than physical fitness. However if you do have any pre-existing health issues such as asthma, diabetes or even a bad back we will expect you to be responsible and let us know before hand in confidence. Most health issues will not stop you from taking part in our weekend.



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Are there any restrictions?

We welcome people of both sexes and from all walks of life. We have no restrictions other than you must be over 18 at the time you participate. If you do not hold a UK driving licence, or equivalent, you will also not be allowed to drive on the course at any time.

You will be on military rations (food) for the whole weekend so if you have any special dietary needs or for example, you are a vegetarian please let us know in advance so that we can accommodate you.

You also will not be staying at the Ritz, so if you don't like the idea of sleeping on camp beds with a room full of others then this is probably not the course for you either.

What do I need to bring?

You will be provided with all the military equipment that you need to take part in the weekend. However, please bring the following.

- ❖ Your provisional or full driving license.
- ❖ 2 sets of clothes that you don't mind getting muddy or ripped.
- ❖ Wash bag and towel.
- ❖ Army combat boots or sturdy walking boots.
- ❖ A camera (however we can not accept any responsibility for its loss or damage).
- ❖ Pocket torch.
- ❖ A sturdy trouser belt that can carry the weight of a pistol and spare magazines.
- ❖ A sense of humour and as this is the UK so expect bad weather!

How much will it cost?

This corporate event is all about team work. Rescuing a hostage from terrorists single handed only works in Hollywood films. What we offer is as close to the real deal as we can legally get. The minimum number of participants we would look for is 6 as this gives us two teams of 3 to work with. An ideal group size we would recommend would be a team of 6/8 people but we can happily take on more of you if you are a large group. Just contact us with your needs.

What if there is only me or just a couple of us to that want to do it?

We can cater for small groups of 3 or 4 people however we think the cost of that would be outside most people's budget. However as long as you do not mind 'sharing' your weekend with like minded others then still let us know you are interested. We will then put you on our course register and as soon as we have a group of 10/12 people we will notify you that you are able to take part on one of our mixed group weekends.

Yes I am still interested so how can I contact you to find out more?

You can give us a call during normal office hours on: **07772059593** or **01629 815 174**

Or email us at: **courses@mascts.com**